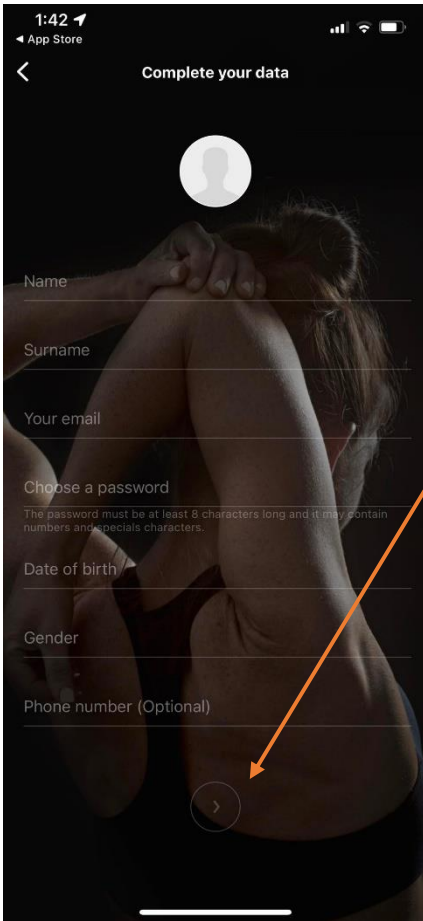




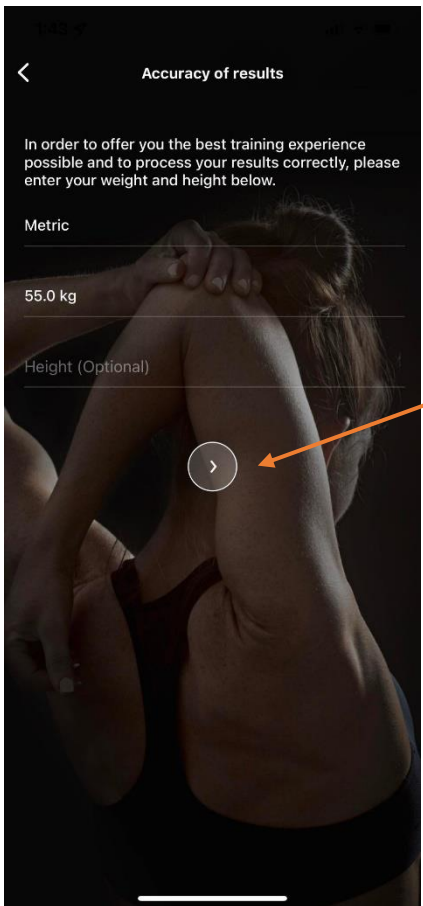
1. Open the camera on your smart phone and scan the QR Code.



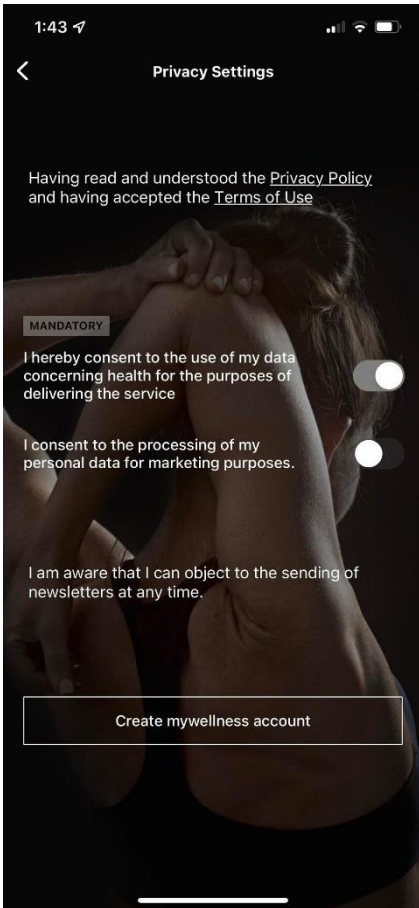
2. After scanning the QR Code and downloading the app, you'll be taken to this screen. Click 'Create mywellness account'



3. Fill in the details on this screen and click on the arrow when completed.

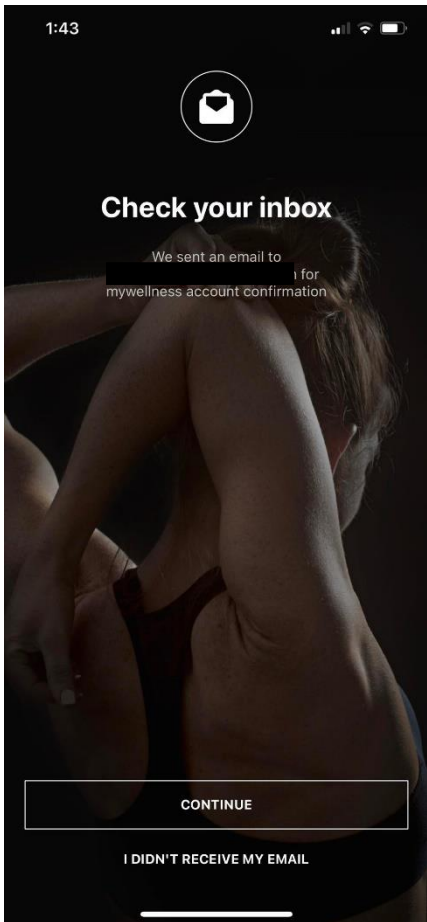


4. You must enter your weight to continue and, if you'd like to, also your height. Click on the arrow to continue.

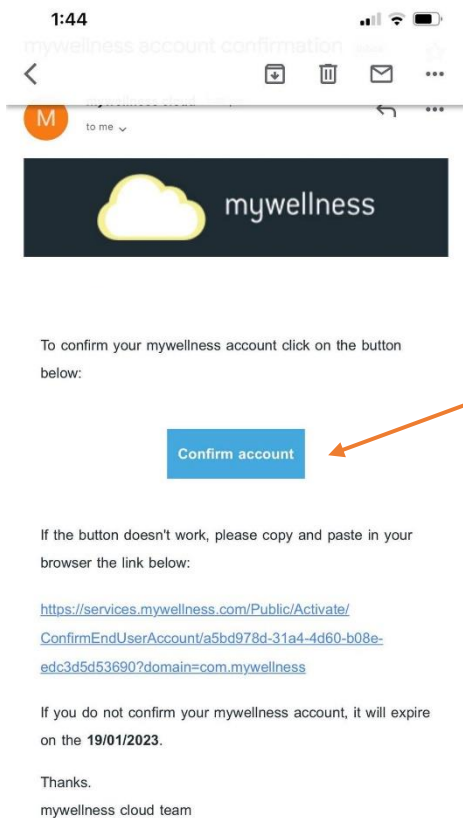


5. You must consent to the top option in order to continue. Your data will not be used for any purpose other than tracking your progress and contacting you if required.

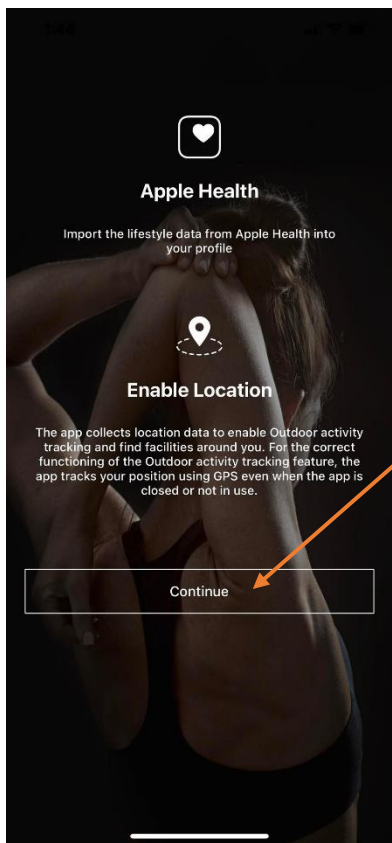
When completed, click 'Create mywellness account' to continue.



6. Once this screen is displayed, head over to your email to activate your account. You will be returned to this page once the following action has been completed.

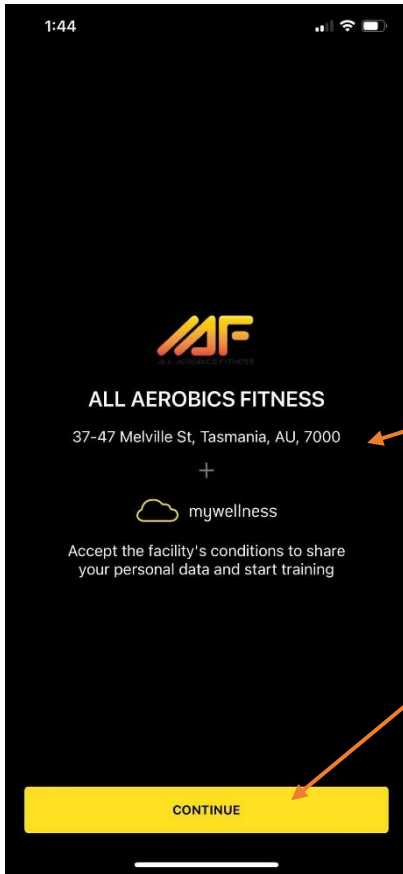


7. Select 'Confirm account'. Once the action has been completed, return to the MyWellness app.



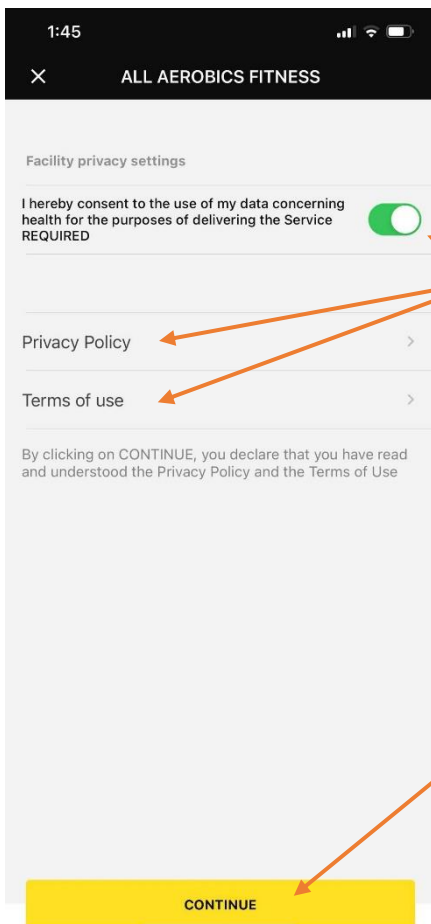
8. Select 'Continue'

Please note – this screen may present differently for Android users.



9. Ensure this screen recognises that you are joining MyWellness as provided by All Aerobics Fitness.

Then, click 'Continue'



10. Finally, select the top option. You may read a detailed version of the privacy policy if you wish.

Then, click 'Continue'